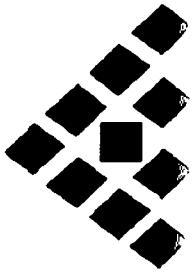


Williston High School
PO Box 1407
Williston, ND 58802



April





The Coyote Howl

Volume XV Issue 8

Williston High School

April 2011

Principal's Page

Principal's Page

The weather has really taken a turn for the worst. While most of the state experienced a snow day last week, we were able to still have school since the snowfall stopped the previous evening. Next week the weather reports state we should be above freezing and start to reach the upper forties by the weekend. This winter has lasted way too long and it would be nice to see the yard work that needs to be done. Hopefully the next Principal's page we will be experiencing spring-like weather.

ND Scholarships

There are numerous scholarship opportunities that are still available to your son/daughter. Between the Coyote Foundation and the Williston State College foundation, there are many ways to assist with the financing of his/her higher education. Please note that for every Coyote Foundation scholarship, WSC will match dollar-for-dollar a scholarship for Williston State. We had a senior last year receive scholarships in excess of \$10,000 through both foundations to basically pay for his entire undergrad degree at Williston State College.

The main point in this is that in order to get a scholarship, your son/daughter must stop by the career center and fill out an application. Seniors who receive a scholarship are recognized on May 11 at awards night. Don't miss this opportunity to receive funding for your future! The

counselors also have a current listing of the available scholarships in this newsletter as well.

Prom

Prom is scheduled for April 30th this year. Prom is a formal event at WHS for couples who have reached their junior/senior year or have graduated from high school. Students bringing a date from outside WHS must complete a form and have the prom date approved by the principal. (All couples must be at least a junior in his /her high school, and under 21 years of age.) All students must wear acceptable clothing to participate in the Grand March and the following dance.

General guidelines of ladies.

- Dress slit cannot extend past the mid-thigh
- Dress cannot expose skin below the navel or above the bottom rib.
- Dress must not ride low on hip.
- Dress must be high enough not to expose cleavage.

Proper attire for men.

- Dress pants required.
- Dress shirt required.
- Suit coat required.
- Tie required.
- No Tennis Shoes, jeans, sandals

Any questions concerning attendance/attire at the prom are to be directed to the Mrs. Hoffman or Mr. Duttonhefner.

Graduation

It is that time of year again to talk about that dreaded disease that infects students in the spring of the year. This disease causes fatigue, complacency, forgetfulness and an increased level of stress on upper classmen. This disease is called Senioritis.

To help your son or daughter get through this difficult time in their high school career, here are a couple of suggestions to assist you in helping them. First, be sure to go to Powerschool weekly, that way you are not in the dark when it comes to their progress to "The Stage." Also, encourage them in their quest to earn their diploma. Sometimes it can be a bit overwhelming knowing that there are some "Big" decisions that will need to be made in the not so distant future. Therefore, if you are there for them and support them in this time of their life, the transition from Williston High School to wherever/whatever they are planning on doing will be as seamless as possible.

Until next time.

Chris Kittleson
Principal
Williston High School

Counseling News

Williston High School

Counselors

Ms. Koperski, Mrs. Bradford

Mr. Lysne, & Mrs. Geltel

April 2011

Dates to Remember

Apr 13 SR Meeting 9am
Apr 15 Sr Pictures due to Mrs. Schultz
Apr 30 Prom
May 1 Baby Pictures due to Mrs. Hoffman
May 1 Mother/Daughter Dinner James Memorial
May 7 SAT Minot 8-12
May 6- Registration for June ACT

May 7 Band Day
May 11 Awards Night 7pm
May 13 SR Cut-off Date
May 22 Baccalaureate
May 27 Graduation Practice 9.30am Field house
May 29 Graduation 2pm Field house
June 4 SAT Minot 8-12
June 11- ACT WSC 8-12

Scholarships

Coyote Foundation Scholarship

Annual scholarship available to any WHS Senior. This is a great opportunity to receive one of many scholarships available.

MUST include a picture of student.

Applications available in counselor's office.

Deadline April 1, 2011

Frank & Ester Wenstrom Foundation Scholarship
available to senior who attended in Williams County.
Must attend either WSC or UND.

www.asbt.com/usrfiles/WenstromScholarship.pdf

Deadline April 1, 2011

Kingsley T. Davidson Memorial Scholarship

High school seniors in Williams, Divide and McKenzie Counties.

www.asbt.com/usrfiles/DavidsonScholarship.pdf

Application in the office. Deadline for application
April 1, 2011

John Eberle Scholarship

Application available online

www.asbt.com/usrfiles/EberleScholarship.pdf or in
counselor's office. Deadline date is April 1, 2011

Alva J. Fields Memorial Trust Scholarship

Ten \$1000 scholarships available. Students attending
two or four year school, financial need, Must be

resident of Williams County. Opportunity to also apply for low interest loans in future years. Due date is April 1, application available in Counselor's office.

Reuben T. Guenther Scholarship

Must have taken 1 or more vocational courses between 9-12 grades. Application available online or in counselor's office

<http://www.nd.gov/cte/students/scholarships.html>

Deadline April 1, 2011

North Dakota Scholarship Opportunities

There are 2 opportunities for North Dakota students to academically earn scholarship money to attend any of the post-secondary institutions in North Dakota. Students who receive a 24 composite score on the ACT can receive \$750 per semester for up to four years of post-secondary educational costs. This could amount to as much as \$6000 and once they are in college they must maintain a 2.75 college GPA.

For the Class of 2012 the requirements are as follows. For the Academic Scholarship you must meet the following requirements. 1) 1 credit of Algebra II; 2) 1 credit for a math that Algebra II as a pre-requisite; 3) 2 credits of the same foreign language or Native American language; 4) 1 credit of fine arts or career and technical education; 5) 1 additional credit of a foreign language, fine arts, or career and technical education; 6) obtain a grade of a "C" in each credit or half-credit required for the diploma; 7) have a cumulative gpa of at least a "B"; 8) a 24 on the ACT; 9) 1 credit of an advanced placement course with the examination or a dual-credit course.

For the Career and Technical Scholarship for the class of 2011 and beyond the requirements differ. To receive the scholarship you must meet this requirements. 1) 1 credit of Algebra II; 2) 2 credits of an approved plan of study of career and technical education coursework; 3) 3 additional credits, 2 of which must be in the area of career and technical

education; 4) obtain a "C" in each credit or half-credit required for the diploma; 5) obtain a cumulative grade point of a "B"; 6) receives either a 24 on the ACT or earns at least a 5 on each of the 3 WorkKeys Assessments.

The Class of 2012 will be taking the ACT or the WorkKeys on April 27, 2011. This test will be paid for by the local school district. Students have already registered for this test. Ms. Koperski encouraged anyone who had questions to contact her at her high school office at 572-0967.

FastWeb!

Is a resource for students to help you find money for college. You might even win a scholarship. You can also find your dream college. Check this site out at www.fastweb.com

NCAA Clearinghouse Information

Student-athletes who plan to attend an NCAA Division I or NCAA Division II college or university and who plan to participate in athletics, should go the following site for information

http://www.eligibilitycenter.org/ECWR2/NCAA_EMS/NCAA_EMS.html# From the home page, click on "create an account" That page has a link to the guide, as well as other helpful information regarding the Division I and Division II eligibility rules.

ACT Registration

WHS HIGH SCHOOL CODE 351-880

The number of students who register for the ACT online has steadily increased each year, nearly half of the WHS students who wrote the ACT last year, registered online. The flier is located in the counselors' office that will guide you through that process. The traditional method of registration can still be done, and those packets are in the counselors' office as well. The benefits of registering online are that you can complete your

registration 24/7; you will get your admission ticket sooner; you will have access to the most up to date list of locations so you can get the best choice of test centers. The cost of writing the ACT is \$38 without the writing and \$48 if you select to do the writing. To register online, go to www.actstudent.org

SAT Registration

The easiest way to register for the SAT is to visit their site at www.sat.collegeboard.com/register. You will get immediate confirmation of your registration. The SAT is given in Williston on November 6. Deadline to register for this date is October 8.

testGear

WHS has had a site license for Choices and testGear purchased by Student Loans of North Dakota. testGear is an online tool that gives students the practice they need to reach their full potential on the college entrance exam ACT. This online learning system adapts to each student's needs by targeting their weaknesses and helping them to build necessary skills. Stop by the counselors' office to pick up your instructions in how to use the program. Workshops will be held this fall for students and their parents to attend in order to learn how to best utilize the program.

ND Scholars Program

This program recognized outstanding ND high school seniors for scholastic achievement as measured by their ACT scores. Those students who are selected must enroll in a ND college or university and will be awarded an in state tuition scholarship. To be considered you must be scheduled to graduate from a ND high school in 2012, attend a ND college or university and take the ACT on one of the following test dates - December 11, February 12, April 9, or June 11. Information is in the counselors' office.

North Dakota Scholarship Opportunities

There are 2 opportunities for North Dakota students to academically earn scholarship money to attend any of the post-secondary institutions in North Dakota. Students who receive a 24 composite score on the ACT can receive \$750 per semester for up to four years of post-secondary educational costs. This could amount to as much as \$6000 and once they are in college they must maintain a 2.75 college GPA.

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PARENTS:

It is your responsibility to let the school know when your child is not going to be in attendance. Your student/students will be considered unexcused until we've received verification from you that they had your permission to be out of class. Please be advised that unexcused absences can impact on your student's grades as they may result in a zero on assignments/tests etc. So please do your part to ensure that your student/students are receiving the grade they deserve by verifying their absences.

And please familiarize yourselves with our 8 & 16 policy (see below). Because as you now have the same information available to you on PowerSchool that we have, we're requesting that you consult PowerSchool frequently to stay up-to-date with your child's attendance. The WHS Attendance Office is no longer assuming responsibility for calling parents regarding all unexcused absences but will try to consult you when we notice patterns developing or suspect that a student is skipping class.

8/16 POLICY. A student must not be absent from a class more than eight times for a semester course or sixteen times for a full year course. As a matter of procedure, the Attendance Office will try to notify parents by letter whenever a student has accumulated five or more non-school related absences in a class. From then on, it is the student's responsibility to monitor his/her attendance to avoid credit loss. Upon a student's ninth absence in

a semester course or seventeenth absence in a full-year course, (excluding absences due to school activities, medical absences supported by a physician's written verification of specific illness, and in-school suspension), the assistant principal will send the parent/guardian written notice of credit loss. If the parent/guardian would like to have the credit loss reviewed, a meeting may be requested with the assistant principal and the Attendance Review Board by contacting the assistant principal within three school days from the date the parent/guardian was first notified of the credit loss. The meeting must be held within five school days of the request or may be delayed if agreed upon by the parent/guardian and the assistant principal.

EXTENUATING CIRCUMSTANCES. Extenuating circumstances will be determined by the administrative office. Students may receive homebound tutor services, prior to, at the time of, but no later than one week following, the absence.
•EXTENUATING ABSENCES WILL BE MARKED AS EXTENUATING AND WILL NOT COUNT AGAINST THE 8/16 POLICY BUT WILL COUNT AGAINST THE TESTING POLICY

••THE WHS ATTENDANCE OFFICE IS NO LONGER WRITING TARDY PASSES. STUDENTS ARE TO REPORT DIRECTLY TO THEIR CLASSROOM WHEN THEY ARE RUNNING LATE••

EJ Hagan Aquatics

Center Hours

(701-577-8401)

Monday

7.00am – 1.00pm Lap Swim
6.30pm – 8.30 pm Open Swim
6.30pm – 7.30pm Water Aerobics

Tuesday

7.00am – 1.00pm Lap Swim
6.30pm – 7.30pm Water Aerobics
6.30pm – 8.30pm Swim Lessons

Wednesday

7.00am – 1.00pm Lap Swim
6.30pm – 8.30pm Open Swim

Thursday

7.00am – 1.00pm Lap Swim
6.30pm – 7.30pm Water Aerobics
6.30pm – 8.30pm Swim Lessons

Friday

7.00am – 1.00pm Lap Swim
6.30pm – 8.30pm Open Swim

Saturday

Closed

Sunday

Closed

Attention all Parents: Classroom fees for second semester were mailed out in February and can be paid at your convenience. Activity fees must be paid at the start of the season for each activity. This will need to be done in order for your son/daughter to participate in the activity. Fees can be paid in person at the Main Office of the High School or mailed to.

Williston High School

PO Box 1407

Williston, ND 58802

If you have any questions please call the Main Office of Williston High School at 572-0967.

Cell Phone Violations:

1st Offense - The phone is kept until the end of the day, or the end of the following day; according to the preceding rule.

2nd Offense - A Parent must come and get the phone at the end of the next day.

3rd Offense - The phone will be returned at the end of the week, or after the weekend, at the end of the day.

The phone will be kept for a minimum of 3 days

Please help us enforce our policy by refraining from texting or calling your student during school hours. Please call the office with last minute messages that could not be known before your student left for school and we will relay your message at an appropriate time.

*For Title VII-JOM Native American
Program Information.*

Contact Lora Riveland at

572-5618, Extension 131

or stop by her office

at Williston Middle School, Room 212

WHS 2011 PROM

will be on

April 30, 2011

Microsoft Student Select.

Get Microsoft Software For Less

North Dakota EduTech, Microsoft, E-Academy, and Software House International have teamed up to provide K-12 students, staff, and parents the opportunity to purchase certain Microsoft products at deep discounts. These products include Microsoft Office 2007 Pro/Standard/Enterprise, Office 2008 for Mac, OneNote, Visio, Student 2008, Project 2007, and Windows Vista Upgrade. Each student can purchase up to one copy/license of each software title.

For pricing, go here and click on Student Select.
http://www.edutech.nodak.edu/services/technical_services/purchase_agreements/

For parents/students to purchase software, they need to use their student's @sendit.nodak.edu email address. They can access Student Select through this website.
<http://edutech.nodak.e-academy.com>

Mid-Term & Nine Week Grading Schedule for WHS

Mid-Term – April 26

Fourth Nine Weeks – May 27

(all of the above will be mailed out)

Senior Pictures

All colored senior pictures that are going in the annual need to be turned in to Mrs. Schultz by the end of April.

Atomic Learning

Atomic Learning has great resources for learning how to use software programs for both PC and Macintosh computers.

Teachers, students, parents, and community members can use it.

To use it at home, go to www.atomiclearning.com

In the login box in the upper right hand corner, enter the following,

login. willistonps

Password. (Please get this from your school's office)

After you have logged in, click on either the "Windows Tutorials" or "Macintosh Tutorials". Then select the program and the section(s) you want to view.

Please remember...when placing a call into WHS, please be sure to dial the number 8 first, then the extension number.

**ANNUAL ORDER FORMS
FOR 2010-11
ARE IN THE OFFICE.
COST IS \$45.**

Looking into the Future...

Good Friday-No School.

April 22

Easter Monday-No School.

April 25

Graduation.

May 29



WHS Art Club is open to all High School students who want to be involved in the Visual Arts! We will meet every Monday in the Art room. The business meeting will begin at 3:45 then we have open studio until 7pm. We are planning some fun activities this year, including fundraising and a trip in the spring. Come check out what we are doing! All are welcome! If you have any questions contact Mrs. Hoffman.

WHS Music Department

WHS MUSIC UPCOMING EVENTS

BHSU Jazz Festival

Jazz Band II & Girls Vocal Jazz

April 3-4 in Spearfish, SD

WHS Jazz Concert

Friday, April 29

7pm at New Armory

Spring Band/Choir Concerts

Sunday, May 15

WHS Auditorium

1:30pm~ Concert Band, Symphonic Band, Prep

Choir, Concert Choir

4:00pm~ Wind Ensemble, Women's Choir, Chorale

Eric Rooke

Band Director

Katie Rooke

Choir Director

FBLA News

Attention All Parents!

Don't Throw Away That Empty Cartridge!

Bring it to school!

Our FBLA group has launched a fundraising project with the help of an inkjet recycling company Empties4Cash. Empty inkjet cartridges can be recycled and remanufactured. FBLA will receive up to \$4.00 for each cartridge turned in. This will directly benefit our FBLA group and is also great for the environment. You can help! Any inkjet cartridge with a print head can be recycled, regardless of brand or type. Do you have an HP, Lexmark, Xerox, Compaq, Brother, Dell, Canon, or Apple printer? Bring in your empty OEM inkjet cartridges (placed in the original box that you would have thrown away to keep it safe from spills and damages, or a Ziploc bag) to the high school Room 219 (Mrs. Michaelson's classroom).

Thank you for your support!

Dana Michaelson, FBLA Advisor

FFA News

FFA Banquet -

Has been rescheduled for Thursday, April 14 at 6:30

Marketplace for Kids-

FFA members will help with Marketplace of Kids on Tuesday, April 19

Food for America-

Our annual Food for America program will be on Wednesday, May 4. Area second graders will be shown how agriculture affects them every day and the importance of agriculture in their daily lives. They will attend presentations by FFA members on such topics as machinery safety, animal safety, food science, crop production, wildlife, horticulture, dairy, beef, first aid and others.

State FFA convention-

The State FFA convention will be held in Fargo, June 6-10.

Members will be conducting the annual business and will elect next years officers. They will have the opportunity to participate in things such as Ag. Mechanic contest, Horse judging, Floral and Nursery Judging, Band, Chorus, Small animal care, Food science, Ag. Mechanics and many others.

Pre-Participation and Physical Exam Requirements Updated by NDHSAA Member Schools

At the North Dakota High School Activities General Membership meeting January 28, 2010 in Bismarck, representative school administrators passed an amendment to the NDHSAA Constitution and By-Laws concerning student physical examinations.

Starting with the 2010-11 school year, student athletes participating in NDHSAA sanctioned sports programs will be required to file a pre-participation health history screening and physical examination with their school office prior to their participation on a yearly basis.

Previously, student athletes participating in NDHSAA sanctioned sports were required to have a physical examination every 2 years. The purpose of changing from every 2 years to every year is to protect athletes from any undiscovered health concerns. School administrators passed the amendment 68/7.

For more information, please visit www.ndhsaa.com.

Brian Bubach
NDHSAA

Sports physicals

The NDHSAA membership passed a By-Law Amendment of Part Two, Article XII, Section I (Physical Date Change from June 15 to April 15) in October 2010. Yearly exams may now be done on or after April 15th to be valid for the following school year.

Changes on Physical Form.

- Date change of first allowable physical date from June 15 to April 15
- Addition of parent/guardian permission for medical treatment on page 4 of form.

You will find the physical forms at the clinics that provide sports physicals.

Tardy Passes...

The WHS Administration has requested that the Attendance Office not write tardy passes for students who are late even if a parent calls to excuse them. It is suggested that you request the teacher's extension for the class that your student will be late for and leave a message for them.

Thank you for your cooperation.

WHS Attendance/Assistant Principal

HOMECOMING 2011

is scheduled for

September 19 - 23, 2011

against the Mandan Braves

SEMESTER TEST SCHEDULE

Tuesday, May 25, 2011

12:40-2:40.....Period 7

Wednesday, May 26, 2011

8:00-10:00.....Period 1

10:00-12:00.....Period 2

12:00-12:30.....Lunch

12:30-2:30.....Period 3

Thursday, May 27, 2011

8:00-10:00.....Period 4

10:00 - 12:00.....Period 5

12:00-12:30.....Lunch

12:30-2:30.....Period 6

Friday, May 28, 2010

8:00-2:00.....Make up tests

Students are to remain
in each class for a minimum
of 1 hour for testing.

Class of 2011

Motto:

"If opportunity doesn't knock,
build the door."

-Milton Berle

Flower:

Orange Tiger Lilly

Colors:

Orange/Black/White

Lifeguard Certification Classes

Are you interested in becoming a Lifeguard?

The EJ Hagan Aquatics Center will be offering Lifeguard Certification classes January 14 – 16.

The cost of the class is \$180. That price includes the Lifeguarding Manual and Certification Cards.

If you are interested in the class or would like more information, please contact Amy at (701) 577 – 8401.

NHS News



March has been busy month for the National Honor Society. Students offered service to St. Peter's Pancake Supper, the James Memorial, and the Vannatta Support Rally. In March the NHS also participated in their state service project – Daffodil Days. The Williston chapter distributed 550 pre-sold bunches of daffodils on March 21st. The Williston chapter of NHS sent over \$5,500 to the American Cancer Association.

At our April meeting we will hold an election for the 2011–2012 officers. Members also plan to offer service in April at Marketplace for Kids, Week of the Young Child event, and assisting the WHS Leos chapter.

The highlight for April is the State Leadership Conference in Bismarck on April 17 and 18. Ten students plan to attend this conference. Katie is currently serving as the State NHS Class A Representative. She has represented Williston and herself extremely well in the past year. Katie is also a winner of the 2011 North Dakota Horatio Alger Scholarship.

Kari Hall

NHS Advisor

2011 After Prom Party

- Keep the fun of Prom going by attending the 2011 After-Prom Party!
- WHS Prom is April 30, and After Prom activities will be from Midnight – 3.30 a.m.
- Thunder Alley Bowling at Million Dollar Lanes and Fun & Games at The WSC Old Gym
 - All prom-goers are invited! Invitations will be available with Prom tickets.
 - Fun – Games – Food – Prizes at both locations!
 - Only those who attend the WHS Prom may attend.
 - This is a drug, alcohol and tobacco free event.
 - This event is organized by a Junior Parent Committee and is funded by the generous donations of many area businesses.
- For more information or anyone wishing to make a contribution can contact,

Co-Chairs: Debbie Richter 770-2241 or Jody Fixen 770-4951

Fundraising Chair: Jenny Trottier 770-4521

RACHELS CHALLENGE

On March 16th grades 5-12 took part in an event called Rachel's Challenge. Rachel Scott was the first student to be shot at Columbine High School. Her family have turned that tragedy into something positive by sharing Rachel's story of kindness and compassion to high schools around the country. Students were told that Rachel believed that a single person can start a chain reaction of kindness and compassion. Students were then challenged to do just that. The following poem was written by a WHS student after he heard the presentation.

Challenge Accepted

Dedicated to: Rachel Joy Scott

She changed the world with her words.
Now it's our turn,
To carry on her legacy,
That is our challenge.

This isn't about the challenge,
It is about our determination to succeed.
We can't all change the world,
But Rachel did so why cant we?

When you're having a bad day,
Don't keep holding on.
Let them go and don't let them stay,
There's definitely a pro to every con.

Tomorrow isn't promised,
And yesterday is over.
Live life to the fullest today,
That is my challenge to you.

Accepting this challenge isn't a burden,
It's an honor or privilege.
I am now a friend of Rachel,
Accept the challenge and become one too.

When I accepted Rachel's challenge, I made a promise not only to Rachel, but to myself that I would go out of my way to change this world like she did. She inspired me more than I have ever been. And I want each and every one of you reading this that tomorrow isn't promised, so live your life to the fullest every day and make other people laugh and smile along the way.

By: Trevor

**WHS Junior Senior Prom 2011!!!
The junior class of WHS is proud to present**

**Prom 2011
“Black Tie Affair”
Saturday April 30th
Airport International Inn**

**Guests may arrive at 7pm with breathalyzer testing
at 7:15
Grand March begins at 8pm**

**Applications for out of town or graduated dates may
be picked up in the WHS office after April 11**

**Tickets will be on sale at the WHS ticket booth
beginning April 11 after school**

**Tickets will cost \$30 per couple. Four spectator tickets
per Couple will be allowed at \$5 each**

The following is the WHS policy for the rules for prom attendants:

RULES FOR PROM!!

NOTICE TO ALL PARENTS, GUARDIANS AND STUDENTS!!!

These are the rules for PROM:

1. All attendees must be a Junior or Senior enrolled at WHS.
2. Exceptions include:
 - a. Date who is not from WHS you **MUST** obtain a permission form from the High School Secretaries. The Principal will determine whether a student from another school may attend WHS Prom.
 - b. Date who is not in High School must be **UNDER 21** years of age and have a valid High School diploma or GED.
 - c. Date must have **NO** tobacco, drug or alcohol violations in the past 6 weeks from the date of Prom.
 - d. Permission slips must be submitted to the office no later than 8:00 am Monday, April 25, 2011.
3. If a WHS student is currently suspended for code of conduct violation (i.e., tobacco violation, underage drinking, etc) in the past 6 weeks from the date of Prom, they may **NOT** attend Prom.
4. Tickets:
 - a. Cost is \$30 per couple.
 - b. Must be purchased by 4:00 pm, Friday, April 29rd, 2011. Tickets will be available at the ticket booth at WHS after school only, beginning April 11th, 2011. Do not ask the secretaries for tickets. Students will not be allowed to leave class during the day to purchase tickets.
 - c. 4 Spectator tickets per couple will be available at a cost of \$5.00 each. These are available when purchasing Prom tickets. Additional tickets will be available at the door the night of Prom. (Same price)
5. **ALL** guest students must present a valid picture ID to WHS chaperones before Grand March.
6. **ALL** students must submit to a breathalyzer, administered by WHS chaperones. (See Student Handbook) Refusal will result in immediate dismissal from the event. Failing a breathalyzer will result in phone call to the authorities for underage drinking. No Refunds for cost of Prom tickets will be given in these cases.
7. Once the students enter the building they are not permitted to leave. If they do so, they will not be allowed to re-enter the building.
8. Parents and spectators are welcome to Grand March. When Grand March is completed, all guests are asked to leave the building.
9. Professional pictures are will be taken at Terri Rider Studios before Prom. Students must make appointments themselves. Call TRP at 572-2412
10. Dress code is as follows:
 - a. Ladies:
 - i. No backless gowns
 - ii. No midriff showing
 - iii. Strapless gowns must be in good taste
 - iv. No décolletage (cleavage)
 - b. Gentlemen:
 - i. Suit coat and tie, dress slacks
 - ii. No tennis shoes
 - iii. No jeans

Most of all we as administrators, teachers and advisors want our students to be safe and have fun at Prom!

High School YEARS

Working together for lifelong success

Short Clips



Driver's ed

You can start fostering good driving habits in your high schooler even before he gets a learner's permit. When he's in the car with you, point out safe driving. *Examples:* watching for pedestrians and other vehicles, making complete stops at stop signs, checking your blind spot before changing lanes.

DID YOU KNOW?

Mastering a foreign language can help your child thrive in today's global society. Suggest that your teenager practice the language she's learning by weaving it into her day. For instance, she might count steps in German or write her to-do list in French. *Note:* Encourage her to continue taking a language throughout high school.

First impressions

When meeting new people like coaches or friends' parents, your teen gets only one chance to make a good first impression. He should stand up straight, smile, and give a firm handshake. He should also introduce himself by name and use the person's name, too. ("I'm Steven. It's nice to meet you, Mrs. Everly.")

Worth quoting

"What's right isn't always popular, and what's popular isn't always right." *Mahatma Gandhi*

Just for fun

Q: Why did the chicken cross the road?

A: Because the light turned green.



Landing a summer job

Summer jobs can mean more than a paycheck for your teen. Searching for work teaches valuable job-hunting skills that he will use for years to come. Also, colleges—and future employers—like to see work experience on applications.

Suggest that your child start looking for summer employment before the competition heats up. Share these steps.

Plan ahead

Your teen can look in his planner and mark blocks of time to hunt for jobs and send in applications. Accounting for the hours in advance will give him practice managing his time and make his search less stressful.

Prepare a resume

A good resume should include details about education, work experience (mowing lawns, walking dogs), extracurriculars (math club), and honors (National Honor Society). Having a resume will



show employers that your high schooler is serious about a job. And creating one teaches him how to condense information and highlight qualifications.

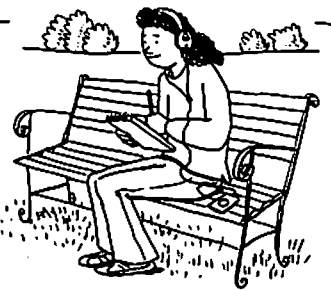
Look for job opportunities

Encourage him to ask friends and family about jobs and to call or stop into places he would like to work. Your child can ask to speak to a manager—he'll sharpen communication skills as he explains his desire to work, offers his resume, and asks about job openings. He might also check newspaper ads and teen job sites (try <http://jobsearch.about.com/od/teenstudentgrad/a/teenjobsites.htm>). 👍

Lyrics to learn by

Music can not only entertain your teen, it can also stretch her mind. Suggest these ways your high schooler can "tune in" to learning:

- To work on reading comprehension, have her read lyrics and think about the story they tell. Then, she can use her imagination to write a sequel.
- Your child can practice creative writing by making up her own songs. She can use humor in silly rap songs about funny topics. Or she might write serious lyrics to express her feelings.
- Encourage her to explore poetic devices by looking at lyrics. For example, she might find similes (using "like" or "as" to compare two things), personification (assigning human traits to an object), hyperbole (exaggeration), or alliteration (repetition of sounds at the beginning of words). 👍



Note-savvy

Having good notes to review will help your child remember what she learns so she can do better on quizzes and tests. To get the most out of note taking, suggest that she:

- Keep notes for each class in separate binders or notebooks so they don't get mixed up.
- Date each day's notes and number the pages. Your teen will be able to find a specific day or week easily and keep her notes in order.



- Leave a couple of inches on the left side of the page and at the bottom. Later, she can add questions, main ideas, and observations.

- Pick out important points to write rather than trying to get down every word her teacher says. Definitions, formulas, and facts are key. So is anything the teacher repeats or writes on the board.

- Fill in missing information as soon as possible. Your high schooler might check her textbook or ask a friend for items she missed.

- Go over notes each night to reinforce what she learned. 👍



Q & A

Video-game limits

Q We recently got a new video game system. How can I limit my son's playing time and make sure he plays appropriate games?

A Experts recommend no more than two hours a day of screen time, including TV, computer, and video-game time.

To keep gaming in check, designate the amount of play that you'll allow (say, 30 to 45 minutes a day). Together, choose certain days of the week as non-video-game days to

be sure he has time for other things. You might also require your teen to do homework and chores before playing video games.



To keep an eye on his game time, place the system in the living room or den. Also, check ratings on games brought into your house, including ones his friends bring over, and have him stay away from those that are rated "M" ("Mature") or "AO" ("Adults Only"). 👍

Decisions, decisions

From what to wear to school to how to handle friendships, your child's day is filled with decisions. Here are three tips to help him make good choices:

1. Teens don't always realize they have choices about how to handle a situation. For example, if a friend is upset with him, your child might think there's no way to make amends. Encourage him to think about his options (send an e-mail explaining what happened, apologize in person, invite the friend to go somewhere).

2. Suggest that he consider the outcome of a choice. He may look cool at a party if he takes a drink, but if he's caught, he could be suspended from cross-country. If he doesn't drink, he may lose face with other kids but keep his spot on the team.

3. Evaluating past decisions can help your teen make better ones in the future. Once he has gone through with a choice (how to handle a poor grade, which summer program to attend), ask him how he feels about it. If he could go back, would he make the same decision? Why or why not? 👍



Parent to Parent Good sportsmanship

At my daughter's first basketball game this season, I was surprised to hear a player complaining loudly about a referee's call. When we got home, I asked Elise what she thought about her teammate's behavior. She shrugged it off.

So I decided to talk to her about being a good sport. I explained that good sportsmanship shows respect for the game and the other players. I mentioned some examples of poor sportsmanship, such

as players "over-celebrating" a win or blaming losses on bad calls.

Then, I suggested that we think of ways high school players could show good sportsmanship. I said that players on the bench could cheer on their teammates. Elise said that losing teams could congratulate the winners. I told my daughter I thought our ideas were good—and I look forward to seeing them on the basketball court. 👍



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Williston Public Schools High School Menu

April 2011

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Pancakes Lunch Garlic Cheese Bread w/marinara sauce Pepperoni Pizzas Stuffed Crust Pizza Peas Peaches
4 Breakfast Breakfast Pizza Lunch Meatballs Bagel & Yogurt Stuffed Crust Pizza Mashed Potatoes Corn Frozen Juice Bar	5 Breakfast Scrambled Eggs & Toast Lunch Super Nachos Chicken Patty Stuffed Crust Pizza Fresh Fruit	6 Breakfast Oatmeal Breakfast cookie Yogurt Lunch Mini Corn Dogs BBQ Rib Sandwich* Stuffed Crust Pizza Baked Beans Pineapple	7 Breakfast Breakfast Taco Lunch Chicken Potpie on Biscuit Cheesy Bagel Dog* Stuffed Crust Pizza Pears Brownie	8 Breakfast Pillsbury Mini Cinni Cheese Stick Lunch Cheese Bosco Stick Cook's Choice Stuffed Crust Pizza Pasta & Marinara Sauce Green Beans Applesauce
11 Breakfast Breakfast Corn Dog Lunch Hamburger on a Bun Chicken Alfredo Stuffed Crust Pizza Potato Smiles Mixed Fruit	12 Breakfast Cheese Omelet & Toast Lunch Chicken Fajita Ham & Cheese Wrap* Stuffed Crust Pizza Spanish Rice Fresh Fruit	13 Breakfast Fruit Strudel Hashbrown Patty Lunch Chicken Nuggets Pizza* Mashed Potatoes & Gravy Corn Peaches	14 Breakfast French Toast Lunch Sloppy Joe Chili Crispito Stuffed Crust Pizza Potato Wedges Pears	15 Breakfast Scrambled Eggs & Toast Lunch Ham and Cheese on WW* Tuna Hotdish Stuffed Crust Pizza Tomato Soup Applesauce
18 Breakfast Breakfast Taco Lunch Chili Chef Salad* Stuffed Crust Pizza Breadstick Pears	19 Breakfast Rancher's Hashbrowns* Lunch Sub Sandwich Chicken Tortilla soup Tortilla Chips & Salsa Fresh Veggies Apple	20 Breakfast Muffin & String Cheese Lunch Pepperoni Hotdish* Burrito Stuffed Crust Pizza Dinner Roll Glazed Carrots Mandarin Oranges	21 Breakfast Ham Egg & Cheese on Bagel Lunch Chicken Strips Meatballs Stuffed Crust Pizza Mashed Potatoes Green Beans Peaches Cookie	22 No School Good Friday
25 No School Easter Monday	26 Breakfast Scrambled Eggs & Toast Lunch Pizza* Chicken Noodle casserole Green Bean Casserole Fresh Fruit	27 Breakfast French toast Lunch Barbecue Chicken Sandwich Mini Corn Dogs Stuffed Crust Pizza Potato Wedges Spiced Apples	28 Breakfast Banana Bread Yogurt Lunch Popcorn Chicken Fish Burger Stuffed Crust Pizza Rice Pilaf Peas Mandarin Oranges	29 Breakfast Breakfast Pizza Lunch Pizza Pocket Chicken Smackers Stuffed Crust Pizza Corn Sherbet Cup

Breakfast and Lunch is served at all sites. Cereal & Toast is served as a choice for breakfast everyday.

Students have a choice of 1% or chocolate milk.

Salad Bar is included with all meals

Bread, Soy Butter and Jelly are served most days.

Starred (*) items contain pork.

This menu is subject to change due to availability.

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